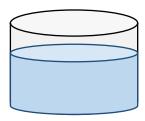


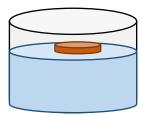
Penny In A Freezer School Freezer Safeguard

During periods of long weekends or school recess such as summer and winter break, it is important to know if the quality of food left in freezer has been compromised. Power outages are a possibility during school recess. To know if your freezer has lost power at any point, follow the "Penny in a Freezer" trick.

Fill up a container with water and freeze. The water should be about 2-3 inches deep.



Verify the water is completely frozen. Once frozen solid, place a penny, or coin, on top of ice. The coin should be resting on ice, not frozen in water.



Place frozen water with coin on a shelf closest to thermometer. It should be in the warmest part of freezer, near the top and near door. Do this for every freezer in your kitchen.

When you return from school recess, check to see if freezer lost power.

 If the coin is still resting on ice, freezer did not lose power and food quality was not compromised.



- If the coin is now sitting at the bottom of container, or submerged below water, the freezer's internal temperature may have become warm enough to compromise food. Make an assessment of food take necessary action.



